

Program
CATALOG
Executive



Message from the Chief Executive

Welcome to  **ecfirst!**

We deliver solutions where **precision** in execution is not optional - it's the standard.

Why  **ecfirst?**

With **humility** at our core, we approach every engagement with **passionate** dedication and unwavering **devotion**. Your priorities become our priorities—executed with surgical focus and relentless follow-through.

We proudly serve organizations across all 50 states and worldwide, always anchored in a single mission: to earn and deepen your trust at every step. Our relationships are built to last, and every project is an opportunity to deliver measurable, meaningful value.

Our commitment is unconditional. Your satisfaction is not a goal - it's our guarantee. We would be honored to collaborate on your AI, cyber risk, and compliance initiatives, bringing the full force of the **ecfirst DNA** to your success.

Let's make it happen!



Uday Ali Pabrai

Global AI Cyber Defense Thought Leader



 **ecfirst Facts**





Ali Pabrai

Chief Executive & Co-founder



Allen Nguyen

President & Co-founder



Debbie Burke

VP, Operations & Finance



Mike Turpin

VP, Global Assessments



Ben Miller

Director, Cyber Defense



Dwayne Hodges

Senior Director & vCISO, Assessment



Dave Ekstrom

Team Lead, HITRUST



Will Allen

Team Lead, Assessments



Lorna Waggoner

Director, Training & Certification



Audra Curtis

Team Lead, Certification Programs



Casey McLoughlin

Team Lead, Client Operations

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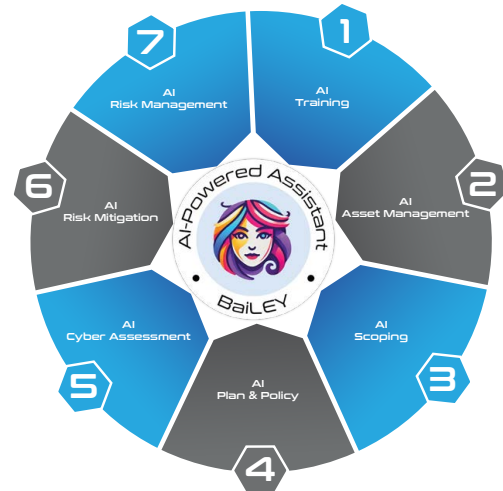
Virtual CAIO Program

Establish a customized AI Governance and Risk Management program, tailored for your organization. The virtual CAIO program from ecfirst, provides opportunities in the following areas,

- ❖ Establish an AI Governance program
- ❖ Develop an AI risk management policy
- ❖ Access to **aiCRP** an online, self-paced training program (Complimentary)
- ❖ Tailored presentations to senior leadership and the Board
- ❖ Perform an AI cyber risk assessment based on the NIST AI RMF

Customized Program Flat Rate Fixed Cost Flexible

AI Governance Program



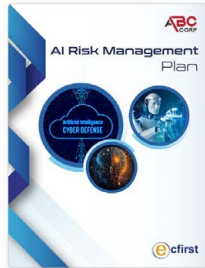
AI Risk Management Assessment



1



2



3



NIST AI 100-1 • ISO 23894 • ISO 42001

AI Risk Assessment



AI

Organization
Questionnaire

AI

Scoping
Questionnaire

AI

Policy

AI

Assessment

AI

Report
Dashboard

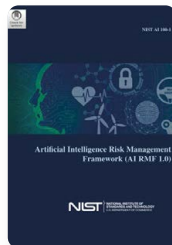


Certificate

Sources



ISO 23894



NIST AI 100-1



ISO 42001

AI

CMIMC

Certification
Training

HITRUST

HIPAA

NIST

Cyber
Defense

Compliance

Online
Store

The Industry's First AI Cyber Risk Management Training Program



Unlock the World's First AI Playbook

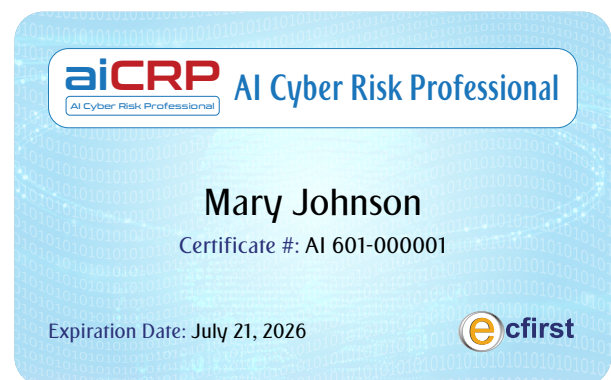
AI CYBER RISK Management Playbook

AI Governance Playbook



What's in it for you?

- ❖ Examine the NIST AI Risk Management Framework (RMF)
- ❖ Review valued AI resources for risk management including ISO 23894 and ISO 42001
- ❖ Understand EU AI Act requirements and risk classifications
- ❖ Step through a sample AI risk management policy
- ❖ Identify AI cyber defense controls
- ❖ Determine key phases for an enterprise AI risk assessment



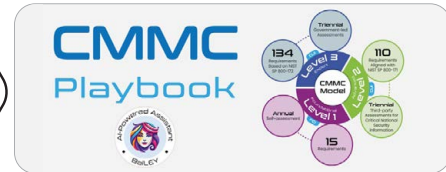
Digital Badge

ecfirst also offers a Digital Badge with your certification. There is no fee for this service and acceptance is totally up to you.



Credentialed Staff

- Master of Science, Electrical Engineering ❖
- CISSP (ISSAP, ISSMP) ❖
- CISA ❖
- CISM ❖
- CCSP ❖
- HITRUST CCSFP ❖



Surgically Defined CMMC Assessment Process



CCP Reference

"I am happy to let you know I passed the CMMC CCP exam on my first attempt. The CCP prep process was easier than I expected - thanks to the fantastic training class and study materials from the ecfirst CCP Academy! I appreciated my ecfirst experience."



CCA Reference

"The ecfirst CCA Program was extensive with excellent assessment resources. Practical, real-world CMMC assessment scenarios presented, including insight on a credible SSP."

CMMC Readiness Mock Assessment



DoD CMMC Certification Training Content
Approved and Authorized

DoD CMMC Certification Training Provider
Approved and Authorized

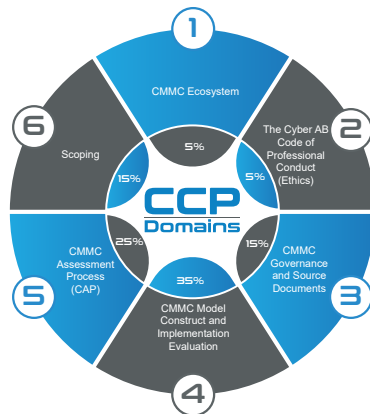


CMMC Certified Professional (CCP)

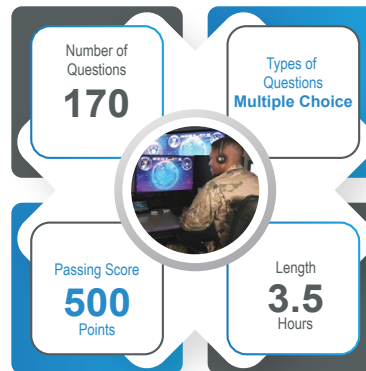
Summary

The CMMC Certified Professional (CCP) credential will verify a candidate's knowledge of the Cybersecurity Maturity Model Certification (CMMC), relevant supporting materials, and applicable legal and regulatory requirements to protect Federal Contract Information (FCI) and Controlled Unclassified Information (CUI). The CCP exam will assess the candidate's understanding of the CMMC ecosystem. A passing score on the exam is a prerequisite to CMMC Certified Assessor (CCA) and CMMC Certified Instructor certifications.

CMMC Certified Professional (CCP)



CCP Exam Specifications



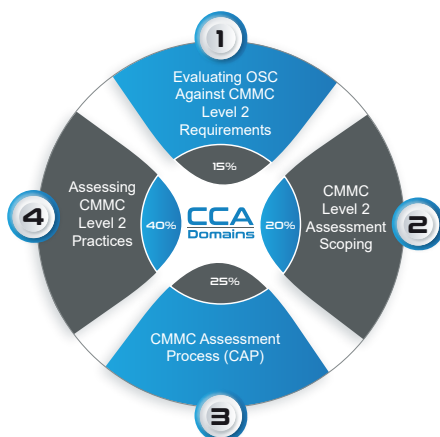
This is not an open book exam

CMMC Certified Assessor (CCA)

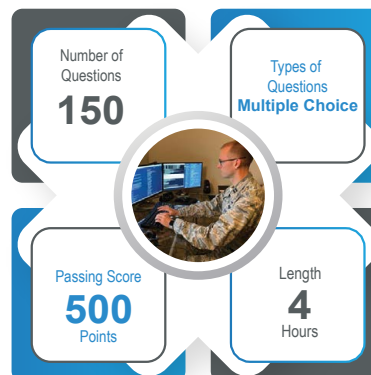
Summary

The CMMC Certified Assessor (CCA) exam will verify a candidate's readiness to perform as an effective Certified Assessor of Organizations Seeking Certification (OSC) at CMMC Level 2. A passing score on the CCA exam is a prerequisite to a CMMC Lead Assessor designation.

CMMC Certified Assessor (CCA)

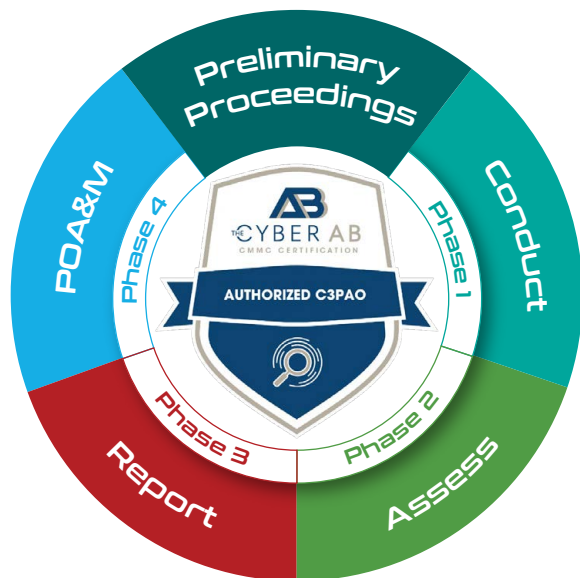


CCA Exam Specifications

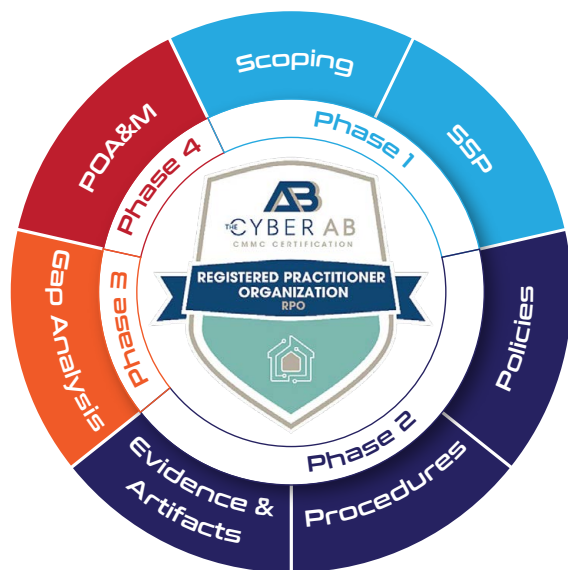


This is not an open book exam

CMMC Assessment

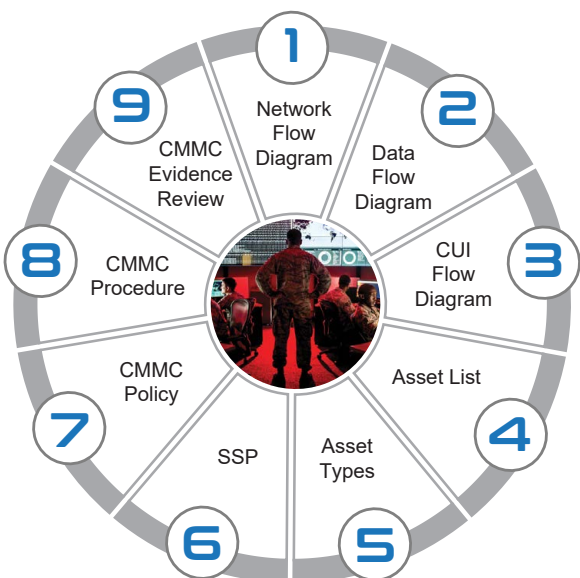


CMMC Readiness



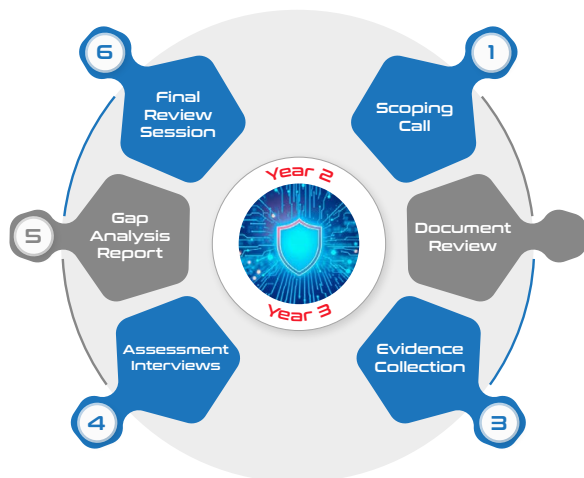
CMMC Advisory Services

Guidance | Documentation | Gap Analysis



Annual Affirmation Assessment

14 Domains • 110 Requirements



AI | HIPAA | Cyber Defense

Certification Training Programs



Healthcare Industry's First & Leading HIPAA Credential

- ✦ Analyze the latest updates in HIPAA Privacy, HIPAA Security, and HITECH Breach mandates
- ✦ Examine OCR HIPAA settlements to understand the bar for HIPAA compliance
- ✦ Review HIPAA compliance challenges and best practices for Covered Entities and Business Associates
- ✦ Understand HIPAA Safe Harbor



The Industry's First Program Focused on Compliance & Cybersecurity Mandates

- ✦ Step through industry standards such as PCI DSS, GDPR, CCPA, CPRA, ISO 27001, and HIPAA
- ✦ Evaluate America's standard for compliance: NIST guidance and special publications
- ✦ Understand U.S. state government information security mandates (e.g. Texas, California, New York, and others)
- ✦ Explore best practices to build a credible compliance and cybersecurity program



An Executive Cybersecurity Program

- ✦ Examine how to establish a cybersecurity program based on the NIST Cybersecurity Framework
- ✦ Learn how to establish a credible Ransomware Readiness Program based on NIST Standards
- ✦ Walk through core components, organization and CMMC Levels
- ✦ Review encryption implementation across the enterprise to mitigate business risk
- ✦ Examine NIST guidance for AI Risk Management



An Executive CMMC Program

- ✦ Identify and apply official CMMC implementation and assessment guidance
- ✦ Define scope by identifying CUI systems and mapping assets to workflows for compliance
- ✦ Maintain an SSP outlining control responsibilities and provide evidence to validate implementation during assessment
- ✦ Manage and sustain CMMC compliance through continuous governance



AI

CMMC

Certification
Training

HITRUST

HIPAA

NIST

Cyber
Defense

Compliance

Online
Store

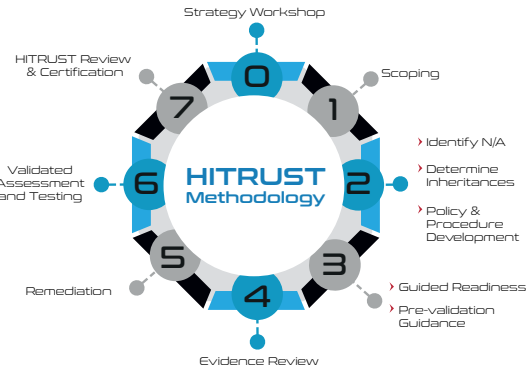
HITRUST

Why ecfirst?



ecfirst is one of the few HITRUST External Assessment Organizations to achieve HITRUST Certification for our own company.

Signature Methodology



Devoted to Client Success

HITRUST Assessor Council

Member, AI Committee

HITRUST Commitment



HITRUST Thought Leadership

Knowledge Transfer

At every step ensures cost and time efficiency

Frequent updates and Touch-point calls

Weekly HITRUST Status

Single Point-of-Contact

For HITRUST Engagements

HITRUST Queries

Swift Team Response

Flexible Terms

e1 · i1 · r2 · AI



Monthly Payment

Multi year Engagement

Flat Price

AI

CMIMC

Certification Training

HITRUST

HIPAA

NIST

Cyber Defense

Compliance

Online Store

Essentials, 1-year (e1) Validated Assessment Foundational Cybersecurity



e1 and HIPAA

- ✖ Aligns with HIPAA Security Rule
Provides essential controls for securing ePHI
- ✖ Covers access control, audit logging, data integrity, and transmission security

e1 and AI

Enhances e1 Assessments with AI-specific controls for stronger security and compliance.



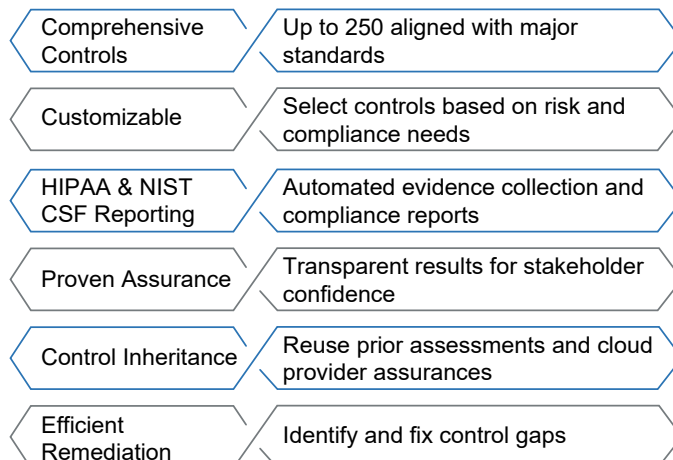
i1 Key Highlights



- ✖ Leading security practices with HITRUST-curated controls
- ✖ Reliable assurance against evolving cyber threats
- ✖ Threat-adaptive controls aligned with HITRUST assessments
- ✖ Operational maturity through pre-set control requirements
- ✖ Flexible implementation with carve-outs and third-party inclusions



r2 Key Highlights



HIPAA

Why ecfirst?



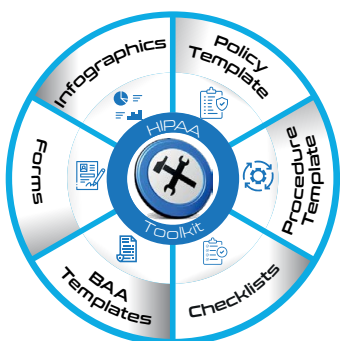
HIPAA Signature Methodology

Industry Leading HIPAA Certification Training
Updated with NPRM



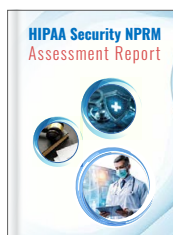
Delivering HITRUST Certification Since 2016

AI Powered HIPAA Playbook



HIPAA Toolkit
www.ecfirst.biz

HIPAA NPRM Assessment



HIPAA Compliance Attestation

AI

CMIMC

Certification Training

HITRUST

HIPAA

NIST

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Compliance

Online Store

Risk Assessment

Every organization must conduct a thorough and comprehensive assessment of the potential risk and vulnerability to the confidentiality, integrity and availability of all PII.

HIPAA Mandates



Signature Methodology



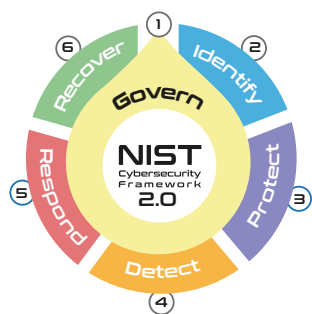
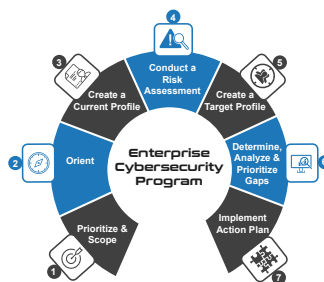
HIPAA End-User Training

- ✘ End-to-end training content covering HIPAA Privacy, HIPAA Security, HITECH Breach, the HIPAA Final Rule, and more
- ✘ Practice quiz to emphasize important concepts
- ✘ HIPAA End-User Certificate Exam
- ✘ Several sample documents for reference including HIPAA quick reference cards, flash cards, and more

HIPAA™ Academy Portal



NIST Signature Methodology



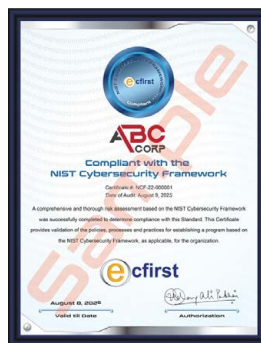
NIST 2.0 Assessment

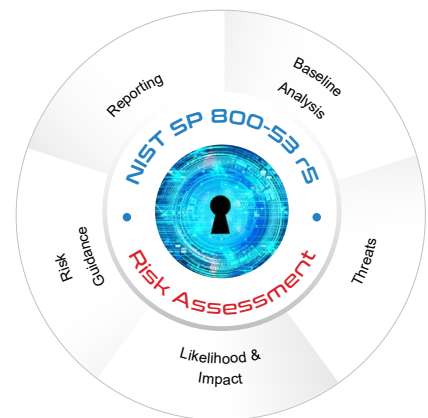
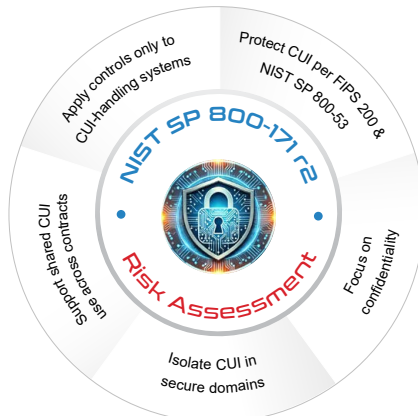
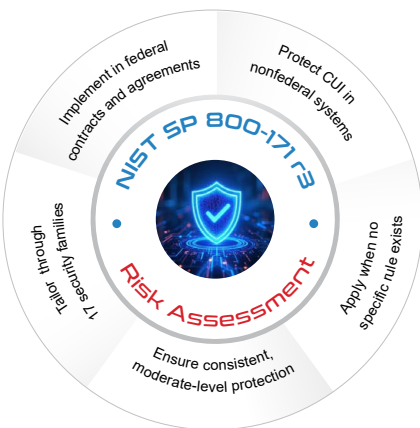
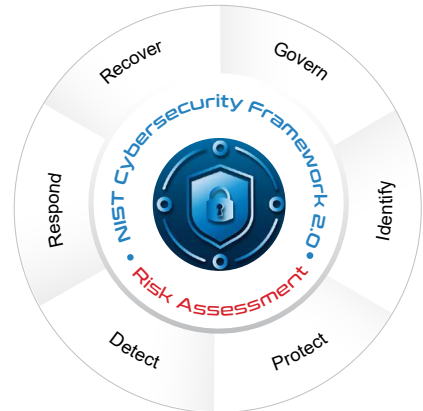
Industry Leading Cybersecurity Certification Training



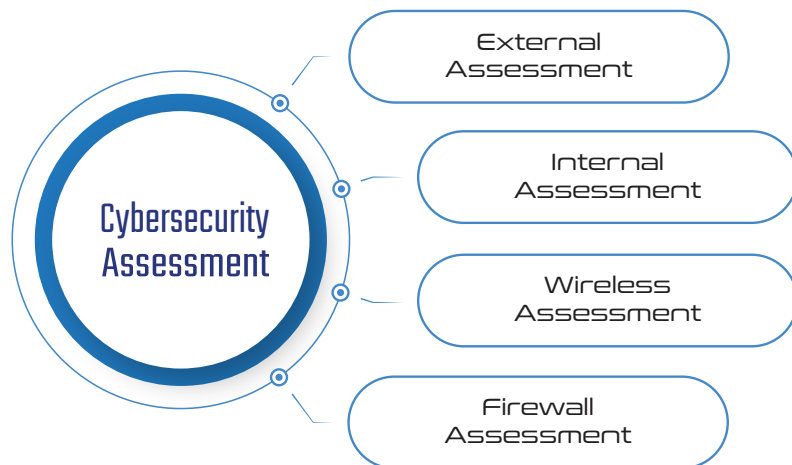
NIST Risk Assessment Report

NIST Compliance Attestation

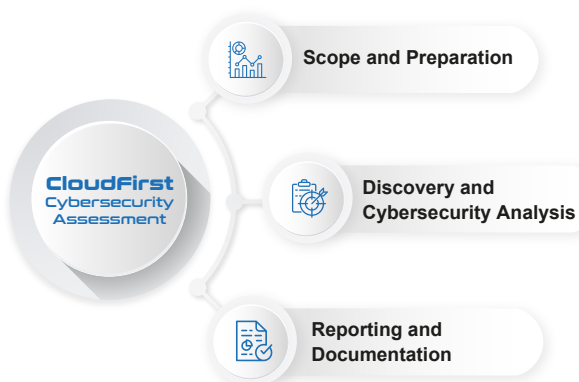




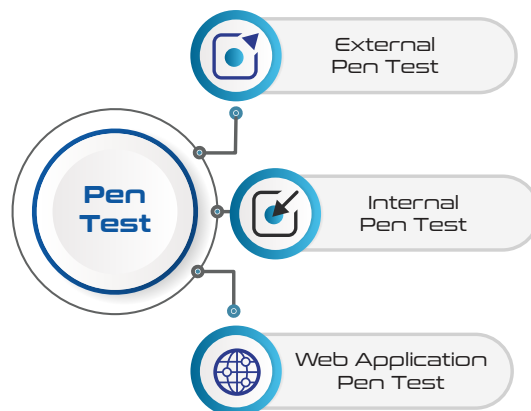
Cybersecurity Assessment



CloudFirst Assessment



Pen Test



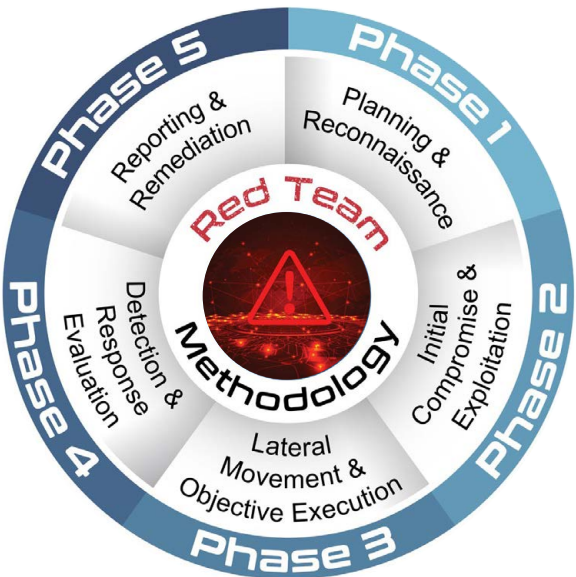
Social Engineering



Online Tracking Assessment



Red Team Exercise



Cyber Defense Platform



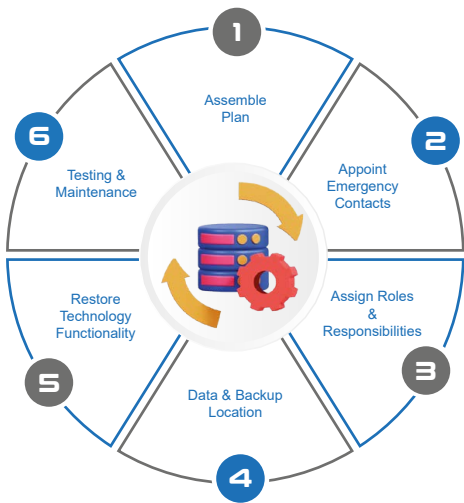
Ransomware Readiness

Business Impact Analysis (BIA)



NIST IR 8374

IT Disaster Recovery Plan



Managed Compliance



On Demand

- Fixed-rate
- Expert Advisors
- No Long-term Commitment



VISO



AI

CMMC

Certification Training

HITRUST

HIPAA

NIST

Cyber Defense

Compliance

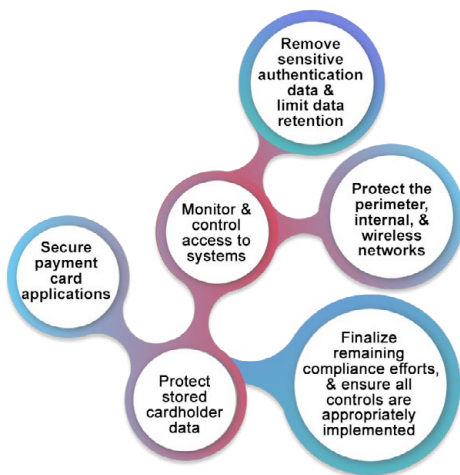
Online Store

PCI DSS Readiness Assessment

- ✘ Review of compliance against PCI DSS v4.0 requirements
- ✘ Identify gaps & risks in protecting cardholder data
- ✘ Deliver actionable assessment report with findings
- ✘ Provide prioritized remediation plan & timeline
- ✘ Executive summary for leadership & stakeholders



PCI DSS Goals



PCI Consulting



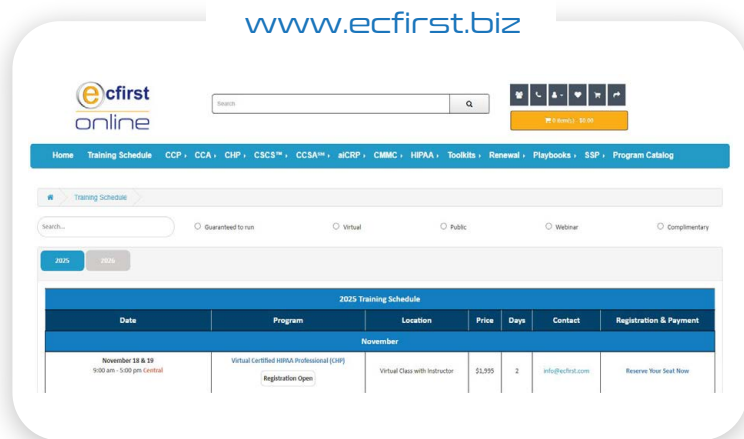
GDPR Services



GDPR Signature Methodology



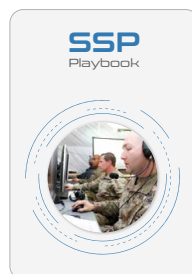
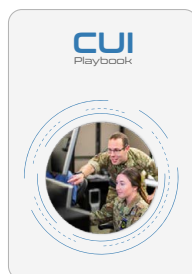
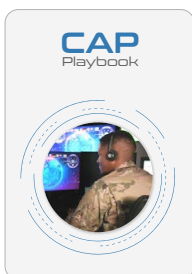
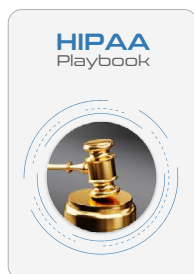
Online Store



Training



Playbooks



Templates

CMMC

HIPAA

GDPR

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SSP

AI

CMMC

Certification
Training

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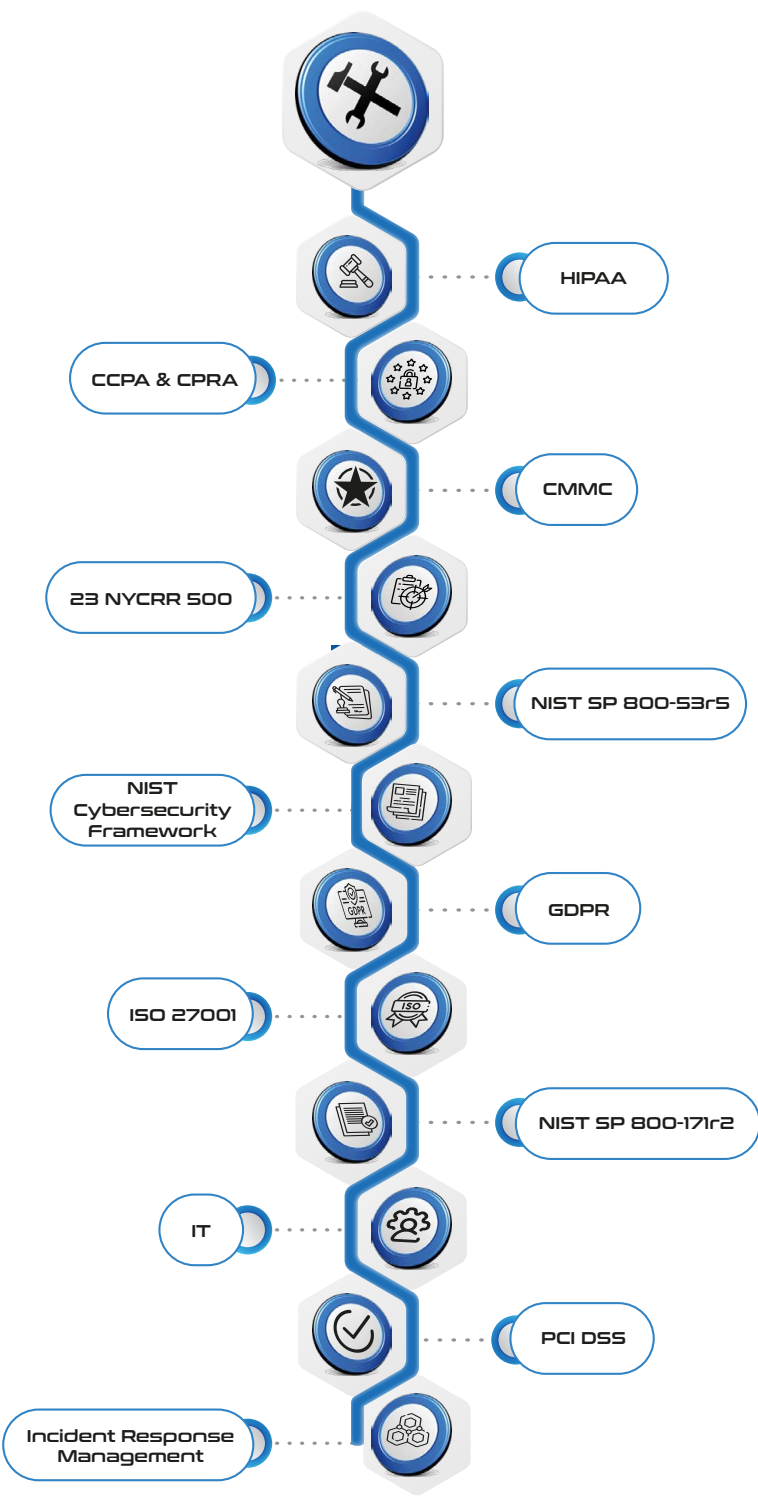
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Toolkit Packages



Components



CMMC Level 1 Toolkit



CMMC Level 2 Toolkit



CMMC Level 1 Portal



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Client Phase



ecfirst | Assessor Phase

CMMC Reference

Readiness Portal

Policy Template



CMMC Level 2 Portal



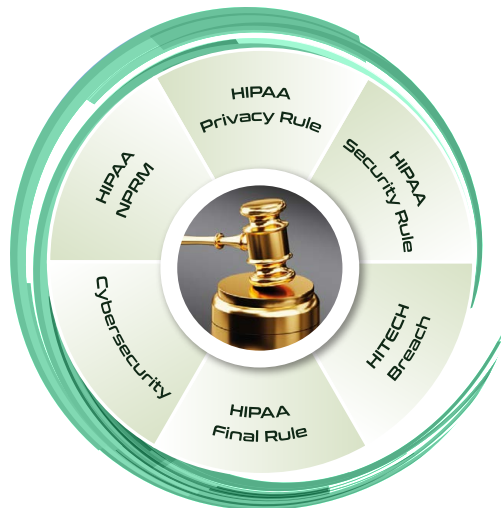
CMMC 2.0 Level 1 Self-Assessment

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AI Governance Playbook

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AI Guidance

NIST AI RMF

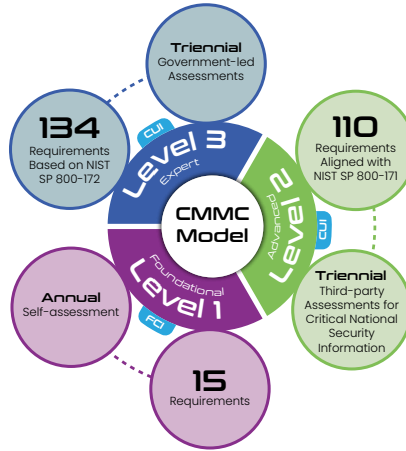
Explore the Playbook



CMMC Playbook

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DoD CUI Mandatory Training
CMMC Ecosystem
CMMC News



CMMC Assessment Playbook

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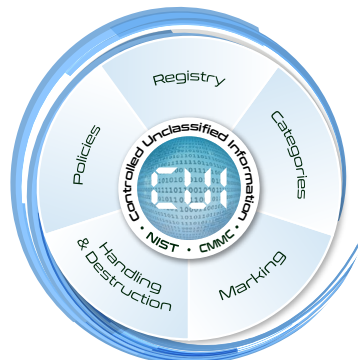
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Phase 2: Assess Conformity
Phase 3: Report Assessment Results
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CUI Playbook

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CUI DoD
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CUI Marking
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FAQ
CUI NARA
CUI NARA
Introduction
CUI Registry
CUI Categories
CUI Marking
CUI Policy
CUI Glossary
CUI Resources
CUI FAQ



System Security Plan

Playbook

Template

Portal

SSP.ai
System Security Plan

ecfirst
online

- ❖ The SSP describes how the controls and solutions meet the security requirements.
- ❖ The SSP explains how your organization handles sensitive information and defines how that data is stored, transmitted, and protected.
- ❖ The SSP criteria guide network and resource configuration to align with company goals.
- ❖ To keep the SSP current, implement a policy for annual review and updates.



SSP Playbook



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SSP Components	^
System Identification	
System Environment	
System Requirements	
SSP Scope	
Examining SSP Requirements	^
Sample SSP	
NIST SP 800-171 SSP	^
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Components of an SSP	
Benefits of SSP	
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SSP Templates

SSP Level 1 Template



SSP Level 2 Template



SSP.ai

SSP Portal

Home / SSP Portal

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SSP Scope



Organization
Information



Security
Controls



SSP
Questionnaire



Dashboard



SSP Plan

Subscription

SSP Report





Get Started



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